



# KARATE

## FALL 2010

- \* Listening Skills
- \* Concentration
- \* Self-Confidence
- \* Physical Fitness
- \* Self-Defense
- \* Recreation

# Rock Creek Forest Elementary School

a RCFES Approved Activity

**A S K Martial Arts**  
and their Instructors will teach  
your child with emphasis on  
**RESPECT, DISCIPLINE,**  
**CONCENTRATION,**  
**SELF-CONFIDENCE,**  
and **SELF-DEFENSE**

<i>A S K about our other programs</i>	
<b>WEDNESDAY</b> Marvin Memorial Church 4 corners	<b>SUNDAY</b> Boys & Girls Club Silver Spring
NEW-WHITE-GOLD Belts 6:00 – 7:00 pm ORANGE Belts & UP 6:45 – 8:00 pm	NEW-WHITE-GOLD Belts 5:00 – 6:00 pm ORANGE Belts & UP 6:00– 7:15 pm
<b>Jr. DRAGONS</b> ages 4,5 & 6 \$69. <sup>00</sup> 9 weeks	
5:00 – 5:55 pm	4:00 – 4:55 pm

\* **Uniforms are OPTIONAL** \*  
\* **NO Testing Fees** \*

**Family Discounts & Financial Aid Available** \* Not Affiliated with MCPS, Recreation Dept., or Government.

These materials are neither sponsored nor endorsed by the Board of Education of Montgomery County, the superintendent or this school.

Visit us at, [www.askmartialarts.org](http://www.askmartialarts.org) to download current registration & Info or **Call; (301) 251-0660**

9 Week course  
starting **FRIDAY**  
**APRIL 9<sup>th</sup>**

**3:45 -4:45 pm**

*Classes are now forming in*

**Tae Kwon Do Korean Karate**  
CLASSES ARE LIMITED ON A FIRST COME BASIS

For Grades **2,3,4,5** And UP

In the **APR** room  
Starting **SEPT 10<sup>th</sup>**  
SEPT 10 - 17- 24  
OCT .8 - 22 - 29  
NOV 5 - 12  
**Belt Test**  
**NOV 17<sup>th</sup>**  
At our **MMMC**  
location

**ROCK CREEK FOREST ES REGISTRATION FALL 2010**

**CHECK HERE for Financial Aid**  
*MUST CALL (301) 251-0660 to qualify.*

Name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent \_\_\_\_\_ Phone H \_\_\_\_\_ W \_\_\_\_\_ C \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Previous Medical \_\_\_\_\_

Training /RANK \_\_\_\_\_ Concerns \_\_\_\_\_ Height \_\_\_\_\_ Wt. \_\_\_\_\_ *Email* \_\_\_\_\_

OFFICE USE ONLY	
Date	/ /
Ck. #	
Total	

**\$69<sup>00</sup>**

9 weeks

Make Check Payable To; **A S K MARTIAL ARTS**  
**Checks or Money Orders Only.** Return Form and  
Payment to class or Mail to; **A S K Martial Arts**

**QUESTIONS? Call;**  
**(301) 251-0660**

**P.O. Box 785**  
**Silver Spring, MD 20918**

**9 Week Karate.....\$69.00**   
**2X wk AfterSchool + Sun, or Wed ...109.00**

\* **ASK UNIFORM ..** .....25 .00

\* **A S K Black T-Shirt....**11.00

\* Sales Tax Include

**TOTAL \$**

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UP T E Other\_\_\_\_\_

**Registrations DUE by SEPT 7<sup>th</sup>**

INFO; Visit us at [www.askmartialarts.org](http://www.askmartialarts.org)