

This Year give the Gift of...Self-CONFIDENCE!



KARATE

FALL 2010 Semester

- * Listening Skills
- * Self-Esteem
- * Concentration
- * Self-Confidence
- * Physical Fitness
- * Recreation

GLEN HAVEN Elementary School

Classes now forming in

**Tae
Kwon
Do**
Korean
Karate
Ages 4
Thru 13

Jr. Dragon
Ages 4-5-6

MONDAYS

Starting **SEPT. 13th**

3:45 – 4:45 pm
in the School GYM

Jr Dragons CLASS Dates
SEPT 13 -20 -27 OCT 4 -11 -18 -25
NOV 8 TEST NOV 8th

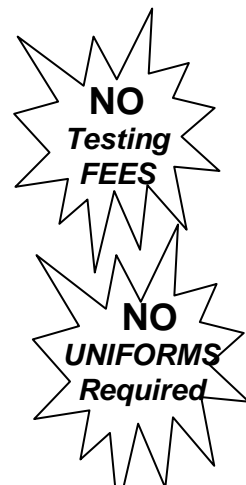
AfterSchoolKarate
Grades 2 and Up

TUESDAYS

Starting **SEPT 21st**

3:45 – 4:45 pm
in the School GYM

THURSDAY CLASS Dates
SEPT 21 - 28 OCT 5 -12 -19 -26
NOV 16 - 23 TEST NOV 17th



A S K Martial Arts

and their Instructors will teach your child with emphasis on
RESPECT, LISTENING SKILLS, DISCIPLINE
SELF-CONFIDENCE, FOCUS, and SELF-DEFENSE
ASK how you can bring a **After School Karate** program to your child's school
Making a difference in Montgomery County Public & Private schools since 1995



Jr. DRAGONS
Pre-KARATE for ages 4, 5, & 6
Emphasis on developing focus & listening skills, with the use of Karate games & Fun
\$65
8 weeks
Come **2X** per week for Only **\$109.00**

Family Discounts & Financial Aid Available MUST Call 301 251-0660 * Not Affiliated with MCPS, Recreation Dept., or Government.
These materials are neither sponsored nor endorsed by the Board of Education of Montgomery County, the superintendent or this school.

Visit us at: www.askmartialarts.org for download registration / Info or **Call; (301) 251-0660**

GLEN HAVEN ES REGISTRATION FALL 2010 *Check one* MON. Jr. Dragons TUES ASK

Name _____ Grade _____ Age _____ Birth Date ____/____/____

Parent _____ Phone H _____ W _____ C _____

Address _____ City/State/Zip _____

Previous Medical _____

Training /RANK _____ Concerns _____ Height _____ Wt. _____ Email _____

OFFICE USE ONLY	
Date	/ /
Ck. #	
Total	

\$69⁰⁰
9 WEEKS

Make Check Payable To; **A S K MARTIAL ARTS**
Checks or Money Orders Only. Return Form and
Payment to class or Mail to; **A S K Registration**
P.O. Box 785
Silver Spring, MD 20918
QUESTIONS? Call;
(301) 251-0660

- 9 Week Karate**.....\$69.00
- 2X per Week + SUN, WED OR RIL**..... **109.00**
- Jr. DRAGONS**.....**\$65.00**
- * **A S K Uniform**25.00
- * **A S K Black T-Shirt**...11.00
- * Sales Tax Include

C Cx_ CS CP CF-____
UP T E Other_____

Registrations DUE by SEPT 9th

INFO; Visit us at www.askmartialarts.org

TOTAL \$