

*This School Year Give the Gift of...Self-CONFIDENCE!*



# KARATE

## FALL 2022

- \* Listening Skills
- \* Self-Esteem
- \* Concentration
- \* Self-Confidence
- \* Physical Fitness
- \* Self-Defense

Classes now forming in

**Tae  
Kwon  
Do  
Karate**

Ages 4  
Thru Adults

**Register Today!**

Class size is limited

**Montgomery Hills Baptist Church**

9727 Georgia Ave. Silver Spring, MD 20910  
At the Corner of Forest Glen & Georgia Ave. at 495 theBeltway

**SUNDAYS**

Starting **September 11<sup>th</sup>**

**Jr. Dragon classes** ages 4,5 & 6 **3:00 – 4:00 PM**  
**New/Lower Belt class** age 7-Adult **4:00 – 5:00 PM**  
**Adult SELF DEFENSE class** **5:00 – 6:00 PM**

Jr. Dragons and Adult Self Defense classes are 9 weeks

SEPT 11th classes are **FREE** to Attend

**NO TESTING FEES**

**NO CONTRACTS**

**Parent Child Program**

SUNDAY CLASS Dates

SEPT 11, 18, 25    OCT 2, 9, 16 23, 30    NOV 6, 13, 20  
Belt Test 11/20

**A S K Martial Arts**

and their Instructors will teach your child with emphasis on  
**RESPECT, LISTENING SKILLS, DISCIPLINE**

**SELF-CONFIDENCE, FOCUS, and SELF-DEFENSE**

**ASK** how you can bring a **After School Karate program** to your child's school

Making a difference in Montomerv County Public & Private schools since 1995

Visit us at; [www.askmartialarts.org](http://www.askmartialarts.org) to download current registration & Info or Call; (301) 251-0660

▼ CUT HERE ▼

SAVE ▲ TOP PORTION ▲ for CONTACT INFO, and CLASS DATES & TIMES

▼ CUT HERE ▼



**\$109**  
9 weeks

**\*Jr. DRAGONS\***

Pre-KARATE ages 4, 5, & 6  
Emphasis on developing focus & listening skills, with the use of Karate games & Fun

**A S K Martial Arts REGISTRATION FALL 2022** *Family Discounts and Financial Aid Available Call 301 251-0660*

Name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent \_\_\_\_\_ Ph (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Previous Rank \_\_\_\_\_ Medical Concerns \_\_\_\_\_ Height \_\_\_\_\_ Wt. \_\_\_\_\_ EMail \_\_\_\_\_

OFFICE USE ONLY	
Date	____/____/____
Ck. #	____
Total	____

**\$129<sup>00</sup>**

10 WEEK Course

C CP JD CF-  
UP T E Other \_\_\_\_\_

Make Check Payable To; **A S K MANTIAL ARTS**  
Checks or Money Orders Only. Return Form and Payment to class or Mail to; **A S K Martial Arts QUESTIONS?** P.O. Box 2592  
Call; (301) 251-0660 Silver Spring, MD 20915

**Registrations and Payments DUE by SEPT 5<sup>th</sup>**

INFO Visit us at [www.askmartialarts.org](http://www.askmartialarts.org)

Register online at: <https://exmurrell1.wixsite.com/askmartialarts>

10 Week KARATE.....\$129.00   
Ages 7 through Adult

CHILD/Parent KARATE..\$159.00   
Child class w/ Adult

Jr. DRAGONS.....\$109.00   
9 weeks Ages 4, 5 & 6

Adult Self Defense.....\$129.00   
Ages 18&up 16&17 with Adult

TOTAL \$